



Fall 2011 Schedule

Jump start
your baby smarts!



▶ **What's Your Baby Trying to Say?**

Learn how to tune in to your child's cues.

▶ **The Secret Lives of Babies ~ Dr. Talk**

Infant Sleep & Nutrition

▶ **Feeling Frazzled?!?**

Effective coping strategies for you and your child.

▶ **Rattles, Blocks & Balls, Oh My!**

Playtime is more than fun time. Learn why!

▶ **The Secret to Happy Babies**

Find out the importance of basic routines.

▶ **Boo-Boo's & Tissues ~ Dr. Talk**

Childhood Illnesses & Safety at Home

▶ **New Ways to Say "NO!"**

Setting reasonable, age appropriate limits.

▶ **Read, Baby, Read!**

Reading activities that make a big difference.

Free Fisher Price toys given at select workshops!

Day	Dates	Time	Location	Doctor Talk
Wed	Sept 28 – Nov 16	10 a – 12 p	Wesleyan Church- Hamburg 4999 McKinley Pkwy. Hamburg, Lord of Life	
Mon	Sept 19 – Nov 21	6 - 8 pm	1025 Borden Rd. Depew	Deborah Finamore, PNP Nov 7 & 24
Tues & Thurs	Oct 18 – Nov 10	10 a – 12 p	Father Belle Center 104 Maryland Street Buffalo	Barbara Brown, PNP Oct 25 & Nov 1
Mon	Sept 26 – Nov 21	6 – 8 pm	Destination Maternity 2130 Walden Ave Suite 2 Cheektowaga	Dr. Colleen Mattimore Nov 7 & 14

Call **(716) 332-4153** today to reserve your spot!

This program is endorsed by the *Buffalo Pediatric Society*.

Scan this code with your phone to go to www.readysetparent.com



For more information about Ready, Set, Parent! please visit epicforchildren.org or bakervictoryservices.org

Check It Out!

Text4baby is the first free health text messaging service in the U.S. Text4baby provides weekly, health information to help you through baby's first year. **Text BABY to 511411**



Ready, Set, Parent! is proud to be a LIVE UNITED Program Partner